

## Supported Lodging Providers

### Young Person Independent Living Placement Schemes

Our supported lodgings placements are schemes set with caring families that act as a stepping stone to independent living for young people at risk of homelessness.

This can include separated minors, care system leavers, unaccompanied asylum seekers and those who have suffered a bereavement or family breakdown.



Supported lodging placements provide safe accommodation in a supportive environment, with emotional and practical guidance, to help young at-risk people that are aged 16 to 21, develop the skills and confidence to live independently.

Our aim, a network of East and West Midlands supported lodging providers, offering safe, secure and supportive independent living for young at-risk people.

Supported lodging and helping a young at-risk person:

Sustain employment, community living and further education.

Improve emotional wellbeing and mental health.

Develop social, emotional and practical skills.

Develop the ability to face society's risks and challenges.

Reduce their vulnerability and achieve social integration.

Reduce loneliness, their need to stay in unsupported or insecure accommodation, such as B&Bs.

## Contact us

**Phone** 01604 510134

**Mobile** 07946 571242

**Email** [info@thewoodbridgefamilycentre.org.uk](mailto:info@thewoodbridgefamilycentre.org.uk)

**Visit** [thewoodbridgefamilycentre.org.uk/services/supported-lodging](http://thewoodbridgefamilycentre.org.uk/services/supported-lodging)

# Can you provide a young at-risk person with secure and safe accommodation in a supportive environment?

The Woodbridge Family Centre is recruiting, in the East and West Midlands, lodging providers and carers, known as Supported Lodging Hosts, who can offer a young at-risk person aged 16-21, secure-and-safe independent living accommodation in a supportive environment providing:

- A safe and welcoming home environment.
- Their own bedroom.
- Their own front door key.
- Use of home facilities such as the kitchen, bathroom and living room.
- Advice and support on practical life skills such as cooking, cleaning, shopping, laundry and using public transport.



## To find out more

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**Take your first step to becoming a Woodbridge Supported Lodgings Host**

In addition to providing a safe living environment Supported Lodging Hosts offer a listening ear and living guidance that encourages the young person to make and sustain positive choices in their lives and to develop independent living and life skills.

### **Woodbridge support for Hosts**

Support for Hosts is provided by the Woodbridge Supported Lodging Supervisor. Hosts are supported to build a trusting relationship with the young person, set and maintain healthy boundaries, and encourage young people to an independent life experience.

### **Being a Host can be rewarding**

Providing a safe environment and being a positive role model to an at-risk young person and seeing them develop their independent living and life skills whilst they become positively integrated into the local community, can be very rewarding.

If you are:

- Caring, non-judgmental, understanding, up for a challenge.
- Welcoming and encouraging, open and honest, fair and patient.

Then please get in touch.